Camp Mishemokwa
A SUMMER CAMP FOR BOYS
BEAR WALLOW, NORTH CAROLINA

ELEVENTH SEASON.

Opens Tuesday . . . June 25, 1935
Closes Monday . . August 19, 1935

APPROVED BY NORTH CAROLINA STATE BOARD OF HEALTH
In the Heart of Scenic Western North Carolina

Majestic views of valleys and mountain ranges are within easy walking distance.
The Joys of Outdoor Life

Just as in every man there lives a boy, so in every boy there lives a man; and deep in the heart of both there lives a vision of the Ideal Camp—away from towns and cities—always beside some stream or lake—fishing, swimming, canoeing, sailing, and plenty of good fellows to help one enjoy it.

Western North Carolina is noted for its rugged beauty. Some of the most beautiful falls are only a short hiking distance from the Camp.
Little Pisgah in the Distance

Camp Mishemokwa has the highest elevation of any boys' or girls' camp east of the Mississippi River.
Ideals and Purposes of Camp

To most boys, camp life in the summer is the ideal existence. To parents, the ideal summer camp is a sure and safe way to continue the boys’ development along normal and proper lines during the long summer vacation.

Undoubtedly every boy pictures himself living close to nature in a wilderness that is genuine and not make-believe, where wild life may be seen and not learned about merely from description.

Living high in the mountains where there are lakes of fresh water, one enjoys swimming, fishing, rowing, and running rapids, all of which are fine in themselves. But add to this a gymnasium and an admirable athletic field in which are ball fields, tennis courts, rifle ranges, running track and many other athletic features—and there is nothing remaining for a normal boy to desire. Such a place is Camp Mishemokwa. Here the boy’s development is continued along normal and proper lines during the summer vacation. This is accomplished by the carrying out of a joy-giving, health-building, character-making program—a program designed to promote a love for nature and the great out-of-doors; a love for things which make for a fuller and a richer life.

“The summer camp deserves a prominent place in education because of the large contribution that it makes toward the development of stalwart, upright, and loyal citizens. No effort should be spared to encourage the extension of camps until all boys and girls in the land shall enjoy the advantages of camping as a part of their education.”—U. S. Bureau of Education.
Story of Camp Mishemokwa

From the brow of Chimney Rock a great panorama of beauty unfolds. Lake Lure below, with distant mountain ranges, gives the campers an unusual thrill.

Three thousand nine hundred feet above sea level, several hundred feet above the top of Chimney Rock, on top of a mountain yet almost surrounded by beautiful green hillsides, "Proudly stands Mishemokwa." Climbing the stone steps above the dining and recreation hall, one gets a far-away view of a range of mountains, the outstanding peak of which is the well-known Sugar Loaf. Because of its elevation and wooded surroundings, the climate is always pleasant. The adage about mountain nights and blankets is a verity at Mishemokwa. Yet, the sun is warm enough at noontime to suit the most ardent seeker of the coveted coat of tan.

For eleven years the top of a small mountain on the north side of historic Hickory Nut Gap has been the summer playground of boys from nine to sixteen years of age, hailing from all parts of the United States. The beauty of the surrounding scenery, the exhilarating climate, the lasting friendships formed through work and play have endeared Camp Mishemokwa to every boy who has lived for awhile "near the foot-hills of old Pisgah."

Traveling west along North Carolina's Highway Number Twenty past beautiful Lake Lure, by interesting Chimney Rock and Bat Cave, one suddenly comes upon a large sign bearing the inscription, "Camp Mishemokwa For Boys." Traveling east along North Carolina's Highway Number Twenty, eighteen miles from Asheville, past Bear Wallow, one suddenly comes on a sign upon which is most realistically portrayed the emblem of the Big Bear and Mishemokwa. On the rock cliff opposite the sign is painted Old Mishemokwa himself, with the information that two and
seven-tenths miles up a typical mountain road stands his lair, Camp Mishemokwa. Taking the road one winds steadily upward by the side of a mountain stream, past several small but pretty waterfalls, by typical mountaineers' homes, until one reaches "the foothills of Old Pisgah." Turning a curve soon after the first glimpse of this bald-top old mountain, one sees an arbor and in front is hung a big sign, "Mishemokwa." A little farther is a clear mountain lake surrounded by mountain rocks and wild flowers. By the side of the lake is a real camper's cabin where visitors are met. Passing by the lake one finds oneself confronted by an apparently insurmountable hill, on top of which nestles a low frame building with wide rustic porches and tall native stone chimneys. Throwing the car into first and stepping firmly on the accelerator one makes the grade and, upon reaching the top, has arrived. From here Mishemokwa branches out on all sides. The manual training building, rifle and archery range on the west; gym, shacks, store and bank on the northwest; athletic field and track on the northeast; tennis courts and the councillors' lodge on the east; and the lake and officer of the day shack on the south.

One meal in the camp dining hall will convince a person that a real spirit of joy and contentment reigns at Mishemokwa. A smile on every face is truly indicative of this happy spirit. When the call for group swimming at Lake Lure is given and the swimming instructors begin to pair the boys off into "buddies," the ever-ready cries of "I want Buzz," "I want Simmons," soon have the crowd happily grouped, and the "buddies" depart glad to help Doc and Walter keep up with each other for a whole afternoon. When the trucks return from Lake Lure full of joking, singing, happy boys, even a disinterested bystander catches the old spirit that has endeared Mishemokwa to many a boy, who ever cherishes lasting friendship begun at Camp Mishemokwa.
Organization and Leadership

The Camp Staff has been chosen with utmost care. Several of the Assistant and Senior Councilors began camp life at Mishemokwa as campers, and later made a name for themselves in their respective colleges or universities in varied fields of endeavor. These young men return year after year to do their part in keeping Camp Mishemokwa on a high level of usefulness. Others are college and university trained men who are engaged in educational work, many of whom are giving the very best possible service to the boys and young men of their respective communities. They are not only men of strong personality and character and of general culture and refinement, but each is an expert in some phase of camp life. Practically all of them are men of unusual athletic ability. A counselor for every five boys and a counselor and an assistant in each shack with six campers affords an ideal arrangement for care and supervision.
The management of the camp is under the direct supervision of E. S. Johnson and E. Frank Ruble. These men are well fitted for their positions. They are successful school men of North Carolina and both are men of wide experience in dealing with boys. The former is a college varsity man in football, baseball, basketball, and track, a college gymnasium director, a coach, a professional baseball player, a high school principal, and is at present the youngest city superintendent in North Carolina. He has been actively engaged for several years in camp life at Mishemokwa. The latter is principal of one of the largest city high schools in the state, and is a trained boy leader, standing for the highest ideals of young manhood.

The Senior Councilors, whose pictures do not appear on page eight, who have meant so much to the spirit of Camp Mishemokwa, and who are expected to return this season, are as follows: J. P. Royer, Director of Physical Education, Norfolk, Va.; Prof. Norwood and Mac Simmons, University of North Carolina; Capt. Pat H. Stephenson, of Florida Military Institute, Haines City, Florida; Herman Lusky and Sammy Loventhal, of Vanderbilt University, Nashville, Tenn.; Parm Tolimson, Washington, N. C.; Wheeler Martin, Jr., Wake Forest College, and Miss Laura Mellette, Dietitian, Head of Home Economics Dept., Rocky Mount, (N. C.) High School.
COMPREHENSIVE EQUIPMENT

Above: Councilors' Lodge. Left: Exterior of shack and an ever-bubbling fountain furnishing the purest water that can be found. Below: Interior of shack. Senior campers like the double-deck beds. The cabins on Shack Row are arranged with a partition built through the center for three campers and a councilor on each side. The cabins on Happy Hill are arranged for five campers and a councilor.
In material equipment Camp Mishemokwa ranks with the strongest camps for boys in the South. Permanent buildings, excellent water system, septic tanks, electric installation, land and water equipment, tennis courts, athletic field—all combine to afford physical advantages of quite unusual excellence. With an old time fireplace, hardwood floors, cozy corners, large windows and large porches, the dining hall is one of the prides of the camp. The Gymnasium, Cabins, Lodge, Manual Training Shop and Store are constructed in the same rustic style as the Dining Hall. Each building is modeled for its particular use. Well constructed stone walls and steps add to the rustic plan of things.

Below: Dining Hall
The urge to "make things" is thoroughly understood and appreciated by the Camp. Doctor Louis Rosenfeld presides at the Camp Infirmary. Here all minor cases come for treatment. Every precaution is taken to guard against accident or crucial illness, but if in the opinion of the Camp management, a boy's illness is of sufficient seriousness, he will be taken to Hendersonville for hospital attention, and his parents will be notified immediately.
Camp Athletics

At the opening of the season, after a thorough physical examination by the camp physician, the campers and councilors are assigned each to one or the other of the Camp Divisions—Cherokees and Iroquois. The tribes are divided according to ages into squads, which constitute smaller working units. Around these have crystallized traditions that make Mishemokwa truly exceptional. Each division has its captain, minor officers, and its special meeting place. The competition between the Cherokees and Iroquois is of the keenest sort, yet thoroughly wholesome and sportsmanlike, and affords admirable training in leadership and team-work. Every activity is planned to make the acquiring of strength natural and easy, and to attain unto the highest general average of all-around development. Individuals competing may not win "distinctions," but squad games, tournaments and intracamp games make possible the winning of team "distinctions." As the result of squad planning each camper must do his part, so that not only do the best athletes, but the untried, the timid as well have equal opportunity. Moreover, since the activities are many and varied, almost every camper can manage to excel in at least one. On trophy night the Division that has amassed the larger number of distinctions is declared the winner.
A Panorama of the Interior of the Gym

Camp Misshemokwa

Page 14
of the 1934 Group

SENIOR CAMP BOXING CHAMPIONSHIP

A SUMMER CAMP FOR BOYS
Tumbling, flipping and pyramid building are rainy day activities at Mishemokwa and are invaluable to the campers. Its accomplishments appeal to every active boy, and there results from the physical ability to successfully do the feats an exhilaration, a self-satisfaction and pride. It develops courage and initiative, perseverance and self-respect.

Left: Squad Baseball Teams.

Other Sports

Camp Mishemokwa is ideally situated for the compact layout of athletic fields. All sports are within a stone’s throw of the lodge and camp buildings.

Baseball rivals tennis in popularity at Camp Mishemokwa. A large athletic field is provided and an opportunity is afforded every boy, old or young, good player or poor, to take part in this sport.

Teams are made up of each squad and are under the guidance of a counselor, who is a master of fundamentals and finer points of play. Many boys who have studied the game at Mishemokwa find it easy to win places on their school teams at home.

Camp Mishemokwa is especially proud of its excellent tennis courts. They are of sand-clay construction, well drained, dragged daily, and in tournament condi-
Tennis can be a vigorous game if played with skill and speed. The sand-clay well-drained courts of Mishemokwa permit and encourage fast play. Skill in handling the racket is rapidly acquired, even by the youngest campers.

Near the end of the season squad tournaments are held to determine the squad medal winners.

**Coordination**

Well trained instructors teach the boys the proper strokes and methods of playing this popular sport.

Boxing and wrestling have become increasingly popular sports. Systematic instruction is given and contests are held between boys of the same weight.

All boys take a tumble occasionally; and if they know how to tumble—so as to land on their feet or keep from falling—it will give them confidence that they would not otherwise have. Tumbling and pyramid building are the most popular of all gymnasium exercises. Every camper will be taught to do stunts of this nature far beyond the average boy. After a few weeks of preliminary training a team will be chosen to give gym stunts at the nearby girls' camp. This is a big feature.

The physical program is a never-ending source of delight. Each day is carefully planned in advance by the Physical Director, with no successive days alike.

Champion Medal Winner
Archery and Target Practice

The camp is a member of the National Rifle Association Corps. All who qualify as marksmen and sharpshooters receive the Corps Trophies. Camp medals are awarded in each squad to that camper who makes the best score in the final tournament.

One of the important features of marksmanship is that the instructors make every effort to impress the campers with the vital necessity of caution in the handling and use of firearms—so much so, that care becomes second nature with the youthful sharpshooters.

All ammunition and rifles are furnished by the camp free of charge.

The fascinating sport of Archery is included in the program of activities, engaging the interest of campers of all ages. All equipment is furnished by the camp, and practice is carefully supervised. In the Manual Training Shop the boys are taught to make their own bows and arrows.
HOW THE CAMPERS DO ENJOY THESE TRACK SPORTS!

Basketball and Field Sports

Basketball is an outstanding sport at Mishenokwa. Squad teams from the oldest councilor to the youngest camper are formed and regular scheduled division games are played. It is here that competition is the keenest.

Track and Field Sports are very popular, and several meets are held during the summer. Toward the close of the season, contests are held to decide the camp championship in all squads.

Many other sports are also engaged in and enjoyed. Football, volley ball, indoor ball, horse-shoes, ping-pong, and checkers are all popular. Treasure hunts are enjoyed by all, and games of all description enliven the days from morning till night.

TYPICAL SNAPSHOTs OF THE CAMPERS IN ACTION
Among the delightful features that characterize Mishemokwa life, none prove more inspiring than the weekly Council Ring. With a big blazing fire throwing out warmth and light as a challenge to the gloom and coolness of the night, the campers sing songs, give stunts and are entertained by stories until the good-night signal, when all file quietly out into the darkness back to camp.
Swimming, Canoeing and Fishing

Swimming ranks first in popularity among the water sports. Lake Mishemokwa has a gentle sloping beach where boys who are just learning to swim become at home in water. The more expert swimmers vie with one another to accomplish difficult dives from the pier and springboards. The water is pure, being from springs near the camp. Swimming instructors teach each boy to swim well, and assist all the campers in passing tests that permit them to use the boats and canoes.

Every beginner strives eagerly to attain an equal skill with the older boys in the water. The delights of canoe-tilting and sailing canoes are only for seasoned swimmers, and they beckon alluringly to boys who have still to master the art of swimming well. American Red Cross Life Saving tests are given to all classes.

In addition to Lake Mishemokwa, the camp has access to Lake Lure, one of America’s greatest scenic playground resorts. Lake Lure has a twenty-five mile water line and covers one thousand and five hundred acres. The camp maintains canoes, war canoes and row-boats there for the pleasure of its campers. Canoe trips and over-night camping on the lake shore are looked forward to with much enthusiasm by all the campers. No one is allowed the privilege of the lakes except at stated hours, and then life guards and instructors are always on duty.
Other Sports and Activities

All-day and overnight hikes are taken frequently to points of interest around the camp, viz: Little Pisgah, Wildcat Cliff, Leaping Deer Falls, Mt. Deitne, Harris' View, Rumbling Caves, Bat Cave, Rainbow Falls, Sugar Loaf Mountain, Chimney Rock, etc. On these hikes the boys carry their lunches. When they spend the night out, they sleep in pup tents, do their own cooking, and enjoy real camp life. Nothing affords boys more pleasure than these hikes. The directors have arranged for a motor trip to Mount Mitchell, the highest peak between the Alps and the Rockies, being 6,711 feet above sea level. Extra charge is made for this trip. We will leave Mishemokwa one day, spend the night on the mountain, and return the next day. The boys who went to Mitchell last year reported the trip as being the best of the season. Such trips will always be remembered by the campers.

Experienced leaders well versed in the lore of the backwoodsman, Indian, naturalist, and of scouting, train the boys to find their way in the uncharted woods and to recognize the birds, trees and flowers with the ability of an expert.

A course in Scout work is included in the camp program. A troop is organized each season. Tests for merit badges are given as the Scouts progress. Scouts joining the Mishemokwa Troop may have their memberships transferred to their local troops.

While Mishemokwa is a place for recreation, tutoring in any subject by trained teachers is available at no extra cost for those who may desire it.
Social and Religious Life

In the life at Mishemokwa there is everything a boy’s heart might desire, and the amount of fun and freedom crowded into the vacation cannot be estimated. The program is so varied that everyone enters into it with enthusiasm; and this, with the good fellowship that exists between the boys and the men in charge, as well as among the boys themselves, makes the summer one long to be remembered. Many lasting friendships are formed which will be cherished by all alike.

The music is in charge of a competent director. No individual lessons are given, but the boys who have musical talent are encouraged to form an orchestra. Much attention is given to teaching the boys to sing camp songs. Music is a real feature of camp life.

There are many social gatherings connected with the camp which heighten the pleasure of all concerned. Informal spreads and birthday parties held by the boys themselves; marshmallow roasts given over huge camp fires by the Directors; radio programs; moving pictures; an annual entertainment for a nearby girls’ camp; an annual banquet which closes the season’s activities; Sunday evening programs offered by local talent; occasional talks and entertainments by outside men; visits by parents and other friends, together with many other features, help to enliven the hours and bring the boys into closer association and comradeship.

The boy’s religious life is given definite attention. Services are held at the camp on Sunday morning for those of Protestant faith, while the autos make a trip to church in Hendersonville for those of Catholic faith. Everyone belonging to the camp is expected to attend worship at one place or the other.
Trophies and Medals

In Trophy Night, immediately after the closing banquet, the Director makes the awards, reads the list of campers who were selected by the Councilors as a recognition of merit in cherishing and expressing the spirit of Mishemokwa, and presents to each the coveted "Bear" monogram, an honor which is second only to that centering in the "Cup of the Best All-Round Camper." This trophy is presented each season to that camper who, in the opinion of the Senior Councilors, has exemplified in speech and conduct the most beautiful spirit of loyalty and helpfulness.

Trophies, medals, pennants, and emblems of identical awards are made in each squad in the various sports, Best Stunts, Honor Shacks and Hiking. The camp is affiliated with the National Rifle Association and through this organization additional marksmanship medals are awarded.

Below appear the Champion Athletes and Trophy Winners in the Four Divisions
The Order of the Day

7:15 A.M. Reveille.
7:45 A.M. Breakfast.
8:45 A.M. Inspection of Shacks.
9:00 A.M. Manual Training, Scout Work and Sports.
11:45 A.M. Swimming.
1:00 P.M. Dinner.
1:30 P.M. Rest Period (all boys must remain in shacks for one hour after eating).
2:45 P.M. Sports.
5:00 P.M. Swimming.
6:10 P.M. Retreat.
6:15 P.M. Supper.
6:45 P.M. Passive games.
7:45 P.M. Evening Entertainment.
9:00 P.M. Taps—Absolute Quiet.

Hikes for all groups are scheduled each week.
Each camper writes to his parents at least once each week.

SUNDAY
Reveille at 7:45; Breakfast, 8:15; Devotional Exercises at 10:30; Dinner at 1:00 p.m.; Supper at 7:00; Vespers at 7:45; Taps at 9:00. During the day no games or competitive sports are permitted. Canoeing and hiking are encouraged.

VISITORS
There is no set visitors’ day at Camp Mishe-mokwa; parents are always welcome. Because of the limited accommodations in the lodge for guests, reservations should be made in advance. Comfortable appointments at nearby resorts may always be secured.

WHAT TO BRING
The traveling clothes will be suitable for dress occasions.

- 2 pairs of khaki shorts
- 3 pairs pajamas, warm ones
- 2 pairs of khaki trousers
- 1 pair white ducks
- 2 khaki shirts
- 3 gym shirts
- 1 athletic jersey (sweat suit)
- 1 sweater
- 1 pair leggings
- 1 pair tennis shoes, high
- 1 rain coat
- 1 baseball glove
- 1 raincoat
- 2 double blankets
- 4 single sheets
- 2 pillow cases and a pillow
- Face and bath towels
- Bathing suit
- Athletic uniforms
- Tennis, racket
- Only a small steamer trunk should be used, which, with a suit case, will hold all the camper should bring.

Campers are encouraged to bring a camera, several good books, and their musical instruments.

Mark carefully with full name. Do not trust to initials.
Admission and Expenses of Camp

Only boys of high moral character may secure admission to Camp Mishemokwa. The season runs for eight weeks, beginning June 25 and ending August 19th.

The camp fee for the full eight weeks' season is two hundred dollars ($200.00), twenty dollars of which is payable with the application and the balance, one hundred and eighty dollars ($180.00), by the opening of camp. A reduction of 5% is allowed when there are two boys from the same family.

With the exception of laundry and a trip to Mount Mitchell, these fees will cover every expense at camp, including transportation from Bat Cave and drayage between Hendersonville depot and camp on arrival and departure; tuition for instruction in all academic subjects, athletics, etc.; medical attention, except in case of crucial illness necessitating the calling in of a city specialist or the further necessity of taking a sick camper to some hospital, parent or guardian is expected to assume the cost; expenses of all trips and of amusements provided at camp; board and lodging; and, in addition, the expense of providing a counselor of mature age for every six boys.

Boys desiring to enter camp before the regular season begins may do so. The pre-season rate is $3.00 per day.
In no case will the registration fee be refunded, and no part of the camp fee will be returned because of early withdrawal, except when such withdrawal is caused by sickness.

Laundry will be collected and handled weekly by the camp for the convenience of its members. The cost to the camper should not be more than $1.00 a week.

The directors reserve the right to return to his home any boy who in their opinion does not measure up to the camp standard.

The camp conducts a bank and store for the convenience of the campers. Spending money should be limited. We strongly advise against allowing a boy more than $1.00 a week for pocket money. A special check for this purpose should be mailed to the director with implicit instructions as to its disposal. An additional amount may be included if the boy is in need of toilet articles or athletic equipment.

A Director will disburse them at stated times, a voucher system being used in handling this money. The camp will handle no account when a boy is allowed to draw “at will.” No account will be opened at the camp store, nor will money be advanced to boys from the office without the written permission of parents.

The Camp Store will have the following equipment on hand for the opening day of camp: shorts, gym shirts, fleeced lined sweat shirts, tennis rackets and balls, tooth paste and soap. Parents should give their son a written order for equipment desired.

Parents are requested not to send candy, cake or other food to boys in camp. Boys are not permitted to receive parcels of food to be consumed in their cabins. The dining room provides an abundant variety of food fully adequate for all purposes.
SHOWING THE LOCATION OF CAMP MISHEMOKWA

- There are three ways to reach camp—from Hendersonville, Asheville, or Rutherfordton, by motor bus service or camp car.
- Address all mail to Bear Wallow, N. C.
- In calling camp over the telephone, call Camp Mishemokwa, Bear Wallow station, via Asheville, N. C.
- Address telegrams to Camp Mishemokwa, via Asheville, N. C.
- Trunks should be checked by express to Camp Mishemokwa, Hendersonville, N. C., at least two days before leaving, but if this cannot be done, blankets and pillows should be sent by parcel post, not express, to Camp Mishemokwa, Bear Wallow, N. C.
This application should be filled out and mailed, together with the registration fee, at the earliest possible date.

Return to E. S. Johnson, Washington, North Carolina, until June 5 (after June 5, Bear Wallow, N. C., or to the member of the staff with whom you are in correspondence).

APPLICATION FOR MEMBERSHIP
IN
CAMP MISHEMOKWA
Bear Wallow, N. C.

I hereby apply for the admission of my son (ward) to Camp Mishemokwa for the season, beginning June 25, 1935, and ending August 19, 1935.

Boy's Name

Date of Birth

Approximate Height ______ inches. Approximate Weight ______ lbs.

Church Affiliations

Enclosed herewith is Twenty Dollars ($20.00) to apply on camp fee, the balance, One Hundred and Eighty Dollars ($180.00), to be paid by the opening of camp.

In the event that my son (ward) does not attend Camp Mishemokwa I understand that this registration fee will not be returned unless he is prevented from so doing by serious sickness.

I have read this Catalogue and agree to all its terms.

Remarks:

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

______________________________
Signature of Parent or Guardian.

Address

_________________________________________________________________________